

## GiveThx Supports MTSS

GiveThx Tier ① Support - Universal Instruction

GiveThx Tier ② Support - Group Interventions

GiveThx Tier ③ Support - Individualized Interventions

### What is GiveThx?

GiveThx is a digital program that strengthens student wellbeing and social-emotional skills through gratitude. Students and staff use digital thank you notes and research-backed lessons to nurture mental health and improve academic success. GiveThx creates positive relationships and inclusive school communities where all students feel safe, valued, and connected.

The GiveThx program serves as an engaging, identity-safe, and effective intervention in a school's multi-tiered system of support.



### GiveThx Tier 1 Support - Universal Instruction

*All students recognize and reinforce prosocial behaviors and relationships using digital thank you notes.*

The GiveThx program uses interpersonal gratitude practice as a formative assessment approach **which works by making social-emotional skills visible**. When you thank someone, you value them and their behavior. This reinforces your relationship with them and the skill or behavior they demonstrated.

GiveThx gratitude practices help teachers **define, recognize, and reinforce social-emotional skills and critical relationships that support personal and academic growth**.

Every thank you note a student receives is tagged to a **specific social-emotional skill, creating an ever-growing strengths inventory for each student and providing clear evidence of how their actions impact others**. The software provides an identity safe way to navigate social concerns and thank others in a one-to-one, monitored manner that builds trust, understanding, and belonging. Guided reflections and lessons help students develop their practice, understand their data, and build healthy relationships with peers and educators.

The program is easily integrated into existing learning routines like process checks, opening and closing routines, and feedback methods,



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### GiveThx Tier 2 Support - Group Interventions

*Students struggling with SEL, engagement, or connection are identified and supported with targeted interventions.*

GiveThx both helps identify and intervene with students who are disengaged, isolated, or struggling with social-emotional skill development. **Facilitators see every thank you note and a social heat map of their student activity.** Analyzing thank you notes reveals if a student understands what specific skills look and sound like by whether or not they can accurately identify them in the notes they send. **Educators pull small groups based on student understanding to go deeper into skills using specific program lessons and activities. The social heat map uses interpersonal thanking data to identify isolated or disengaged students at class, grade, and school levels.**

GiveThx provides **specific targeted interventions for groups that increase inclusion and positive engagement.** Administrators can measure connection, engagement, and skill development across the school to identify groups of students who may need additional support.

STUDENT	GIVEN	RECEIVED	REFLECTION
Wayne, Bruce	162	127	16
Parker, Peter	32	93	5
Kent, Clark	28	100	9
Prince, Diana	507	96	66
Stark, Tony	76	120	22
Potts, Pepper	36	120	12

### GiveThx Tier 3 Support - Individualized Interventions

*One-on-one, strengths-based sessions supported with data provide intensive interventions for those most in need.*

Educators use student data and specific program activities to provide individualized interventions to students who do not respond to tier 1 and 2 interventions. **Teachers, administrators, and counselors in one-on-one meetings guide students through conversations and reflections rooted in their strengths to build connection, self-esteem, and healthy engagement.** Direct educator program participation (thanking and reflecting with students and colleagues) provides a way to maintain continuous intensive support beyond one-on-one sessions, creating a wrap-around network of support.

#### Thx Notes & Skills

Which skills were recognized most in Thx notes?

Tags associated with Thx notes recognize positive behavior traits exhibited by students and staff

